

Word list

The numbers / track references in brackets indicate the first occurrence of each word/phrase in the unit.

Unit 3

appreciate *verb* (37) to recognise how good someone or something is and to value them My trip taught me to appreciate other cultures.

cope *verb* (37) to manage to do something in a difficult situation She has a lot of work, but somehow she copes.

daily routine *phrase* (37) the things that you do every day at the same time My daily routine usually includes going for a run.

drag *verb* (CD1 T09) to make someone go with you when they do not want to Our parents dragged us to an art exhibition.

dump *verb* (CD1 T09) to get rid of someone, often by going away from them We dumped my little brother and went out.

fed up *adjective* (CD1 T09) bored, annoyed or disappointed, especially by something you have experienced for too long They were fed up with the same old routine.

forthcoming *adjective* (32) going to happen soon the forthcoming election/visit

homeward *adjective* (32) going towards home the homeward journey

outward *adjective* (32) going towards a particular place, rather than returning from it an outward journey

overland *adverb* (32) across the land rather than by sea or through the air They travelled overland to China.

party to the small hours *phrase* (CD1 T09) to enjoy yourself at a party until past midnight We were out every night, partying to the small hours.

round trip *noun* (32) a journey from one place to another and back to where you started The round trip takes nearly two days.

teamwork *noun* (37) when a group of people work well together Teamwork is vital to the success of the project.

thrill *noun* (37) a strong feeling of excitement and pleasure It was a big thrill meeting the stars of the show.

tough *adjective* (37) difficult to do or deal with Life in such a cold region is very tough.